

# Spiritual Growth Questionnaire

Answer each question according to the extent that this is true of you.

Be honest. This is not a time to pretend you are better or worse than you are.

This questionnaire is a tool to quantify your spiritual status at the present time. It is for your personal use—it is not intended to be a source of judgment on you.

Use this guideline to complete the questionnaire. For each statement mark whether you:

1 - strongly disagree with the statement

2 - disagree with the statement

3 – not sure about this statement

4- slightly agree with the statement

5 - agree with the statement

6 - strongly agree with the statement

## Beliefs about God the Father

## Score

I believe that God cares about me and my daily life.

\_\_\_\_\_

I believe that God created the world we see around us.

\_\_\_\_\_

I believe that all people will someday be judged by God.

\_\_\_\_\_

I believe God created us all equally in his image.

\_\_\_\_\_

**Total:**

\_\_\_\_\_

## Beliefs about the Bible

I believe the Bible reveals the living God.

\_\_\_\_\_

I believe that God speaks through the Bible.

\_\_\_\_\_

I believe that the Bible was written by people who  
were inspired by the Holy Spirit.

\_\_\_\_\_

I believe that reading and studying the Bible can help me  
understand the world around me and my own life.

\_\_\_\_\_

**Total:**

\_\_\_\_\_

## Beliefs about Jesus Christ

I believe that Jesus was born of a virgin.

\_\_\_\_\_

I believe that Jesus died on the cross to pay for my sins.

\_\_\_\_\_

I have surrendered my life to Jesus Christ.

\_\_\_\_\_

I have asked Jesus Christ into my life to be my leader.

\_\_\_\_\_

I believe a person is saved by Jesus' death, not by  
the good things he/she does.

\_\_\_\_\_

I believe that Jesus is God in the flesh.

\_\_\_\_\_

**Total:**

\_\_\_\_\_

## Believes about the Holy Spirit

I believe that the Holy Spirit is God.

\_\_\_\_\_

I believe that the Holy Spirit helps me understand the Bible.

\_\_\_\_\_

I believe the Holy Spirit prays with me and for me as I pray.

\_\_\_\_\_

I believe the Holy Spirit gives me Spiritual Gifts for service.

\_\_\_\_\_

**Total:**

\_\_\_\_\_

### **Beliefs about the Church**

I believe that the Church is the presence of Jesus on earth. \_\_\_\_\_

I believe that every Christian should belong to a local church. \_\_\_\_\_

I believe that the Church is God's primary way to accomplish his work in the world. \_\_\_\_\_

I believe that gathering with other Christians is important to my spiritual growth. \_\_\_\_\_

**Total:** \_\_\_\_\_

### **Beliefs about my Life**

I believe that there is a heaven for all believers. \_\_\_\_\_

I believe that there is a hell for all unbelievers. \_\_\_\_\_

I believe that God created everything and that everything I have belongs to God. \_\_\_\_\_

I believe that God allows us to manage the things we have. \_\_\_\_\_

I love God more than anything else. \_\_\_\_\_

I read the Bible daily in my desire to grow as a believer. \_\_\_\_\_

I am seeking to know God better through spiritual disciplines like Bible study, fasting, solitude, meditation, etc. \_\_\_\_\_

I understand that I have failed to live as God has directed in his Word. \_\_\_\_\_

I find joy in giving my life away. \_\_\_\_\_

**Total:** \_\_\_\_\_

### **The Practice of Worship**

I gather regularly with God's people for worship. \_\_\_\_\_

I give 10% or more, mostly through the church, for kingdom work. \_\_\_\_\_

I worship God for what he has done for me. \_\_\_\_\_

I worship God simply because he is God. \_\_\_\_\_

I reflect on the truths of Scripture and put them into practice. \_\_\_\_\_

**Total:** \_\_\_\_\_

### **The Practice of Prayer**

I communicate with God often in each day. \_\_\_\_\_

I regularly ask God for forgiveness for the things I do and think that are wrong. \_\_\_\_\_

I pray to God to thank him for the things he does for me each day. \_\_\_\_\_

I pray to God to thank him for my salvation. \_\_\_\_\_

I pray to God to get to know him better. \_\_\_\_\_

I pray to get God's guidance in my life. \_\_\_\_\_

I pray to God to request his special actions for me or others. \_\_\_\_\_

I pray with others regularly. \_\_\_\_\_

**Total:** \_\_\_\_\_

**The Practice of Serving**

- I am involved serving in my church or community. \_\_\_\_\_
- I know what my spiritual gifts are and use them in service. \_\_\_\_\_
- I have a deep desire to benefit others by serving them. \_\_\_\_\_
- I feel a strong compassion for those who are poor. \_\_\_\_\_
- I am involved in at least one ministry at Covenant Life. \_\_\_\_\_
- I have participated in mission experiences near or far. \_\_\_\_\_
- It is a priority for me to help people who have less than I do. \_\_\_\_\_

**Total:** \_\_\_\_\_

**The Practice of Sharing the Good News**

- I have worked on my personal faith story and am ready to  
Share it as opportunities arise. \_\_\_\_\_
- I talk about my faith with others. \_\_\_\_\_
- I can tell the story of salvation in a clear and compelling way. \_\_\_\_\_
- I pray for opportunities to tell people (neighbors, friends and  
family) about Jesus. \_\_\_\_\_
- I develop friendships with people who do not know Jesus  
personally, and desire to share Him with them. \_\_\_\_\_

**Total** \_\_\_\_\_

**The Practice of Fellowship**

- I have joined a local church so that I can experience fellowship  
with other believers. \_\_\_\_\_
- I have joined a local church to allow God to work through  
the people there in impacting my life for his purposes. \_\_\_\_\_
- I am part of a small group that gathers for the purpose of  
spiritual growth. \_\_\_\_\_
- I have close a close friend with whom I talk about my spiritual  
progress. \_\_\_\_\_
- I am intentional about helping someone else grow in his/her  
faith. \_\_\_\_\_
- I have broken off relationships with people who negatively  
impact my spiritual growth. \_\_\_\_\_
- When I am disappointed or hurt by people I work to forgive them. \_\_\_\_\_

**Total Score:** \_\_\_\_\_