



Study Guide | Week 2 | June 10-16, 2018

## Petition & Trust: Psalm 3

Who can you trust? We've all experienced disappointments, deception, or fell victim to people who we thought we could trust, but burned us instead. The Psalms speak to life's trials, disappointments, and fears, and point us to the one in whom we can place our trust because He is trustworthy. Use these psalms this week to lean on the one who always has your back; your Father in Heaven.

Take a moment to write out Psalm 3 in your own words.

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Now take a moment to pray this back to God.

Repeat this as you pray these psalms this week. What verse, phrase, or thought will you take into your day? If a psalm doesn't speak to you, who can you pray it for? Who can you bless with a text, an email, a note of encouragement to lean on the God you can trust.

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## Daily Devotions - *Psalms of Trust*

Monday: **Psalm 11 - Trust for Protection**

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Tuesday: **Psalm 16 - Trust for Safety and Refuge**

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Wed.: **Psalm 23 - Trust for Refreshment, Guidance, Care**

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Thursday: **Psalm 27 - Trust for Confidence, Hope, Joy**

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Friday: **Psalm 62 - Trust for Salvation and Judgement**

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Saturday: **Psalm 91 - Trust for Shelter and Refuge**

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Sunday: **Psalm 91 - Trust for Shelter and Refuge**

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**Others to read: Psalm 121, 125, 131**