



Study Guide | Week 1 | June 3-9, 2018

Wisdom: Psalm 1

“The Psalter is the great school of prayer. Here we learn, first, what prayer means. It means praying according to the Word of God, on the basis of promises. Christian prayer takes its stand on the solid ground of the revealed Word.” - Dietrich Bonhoeffer

Lectio Divina is a contemplative and meditative prayer practice. In this practice a scripture is read aloud 3 times, each time followed by some quiet, focused meditation asking God to speak to you through the words you've read.

- Say a prayer asking God to guide your time and speak to your heart.
- Read Psalm 1 aloud, slowly and deliberately, paying attention to words or phrases that capture your attention.
- Take a moment to write down those words or phrases

-
-
- Repeat this process 2 more times. Pay particular attention to how the Spirit is calling you to respond.

Continued on back

Week 1 | June 3-9, 2018

Weekly Devotions - *Wisdom Psalms*

Monday: **Psalm 4 & 5**

Tuesday: **Psalm 8**

Wednesday: **Psalm 19**

Thursday: **Psalm 119**

Friday: **Psalm 131**

Saturday: **Psalm 133**

Sunday: **Psalm 139**
